

Program Curriculum

Clinical Mental Health Counseling (M.S.)

- Counseling Core: 33 credit hours
- Mental Health Counseling: 12 credit hours
- Practicum: 3 credit hours
- Internship Mental Health: 6 credit hours
- Electives: 6 credit hours

Total: 60 hours

Core Counseling Curriculum (33 credit hours)

- COU 601 Legal and Ethical Issues in Counseling (3 credit hours)
- COU 610 Counseling Diverse Populations (3 CR)
- COU 620 Human Development (3 CR)
- COU 630 Career Counseling (3 CR)
- COU 640 Counseling Techniques (3 CR)
- COU 641 Theories in Counseling and Psychotherapy (3 CR)
- COU 650 Theories and Practice of Group Counseling (3 CR)
- COU 660 Assessment and Evaluation in Counseling (3 CR)
- COU 670 Diagnosis of Emotional & Mental Disorders (3 CR)
- COU 675 Substance Abuse and Addictions (3 CR)
- COU 680 Research Methods and Program Evaluation (3 CR)

Mental Health Counseling (12 credit hours)

- COU 600 Orientation to Clinical Mental Health Counseling (3 CR)
- COU 671 Treatment Planning in Counseling (3 CR)
- COU 674 Crisis Counseling and Crisis Intervention (3 CR)
- COU 642 Counseling Families and Couples (3 CR)

Electives (6 credit hours; each elective is typically offered once per year)

- COU 575 Mindfulness (3 CR)
- COU 594 Grief Across the Lifespan (3 CR)
- COU 602 Data-Driven Comprehensive School Counseling (3 CR)
- COU 621 Counseling Children & Adolescents (3 CR)
- COU 622 Crisis Intervention in Schools (3 CR)
- COU 654 Counseling Services in the Schools (3 CR)
- COU 673 Counseling At-Risk Populations (3 CR)
- COU 678 Counseling Supervision (3 CR)

Clinical Experiences (9 credit hours)

- COU 690 Practicum (3 CR)
- COU 691 Internship - Mental Health (6 credits required)

Total Credit Hours for M.S. in Clinical Mental Health Counseling: 60

Clinical Mental Health Counseling Program

Full-Time Schedule

Year One

- Fall
 - 600
 - 601
 - 660
- Spring
 - 620
 - 641
 - 680
- Summer
 - 610
 - 630
 - 675

Year Two

- Fall
 - 640
 - 642
 - 670
- Spring
 - 650
 - 671
 - 690
- Summer
 - 674
 - 691
 - Elective

Year Three

- Fall
 - 691
 - Elective

Part-Time Schedule

Year One

- Fall
 - 600
 - 601
- Spring
 - 675
 - 660
- Summer
 - 620
 - 630

Year Two

- Fall

- 641
 - 680
- Spring
 - 640
 - 670
- Summer
 - 610
 - 674

Year Three

- Fall
 - 690
 - 650
- Spring
 - 671
 - 691
- Summer
 - 691
 - Elective

Year Four

- Fall
 - 642
 - Elective